





## Recipe Details

Recipe Name : **Sweet Kale With Lentils And Pine Nuts**  
Recipe Category:  
Author : **Ottolenghi**  
Created : **February 16, 2015**  
Last Updated : **February 16, 2015**  
Portions : **4**

### Weight (Per Portion)

One portion of this dish weighs approximately 368.00 Grams

### Recipe Ingredients

Ingredient	Quantity	Allergen Warnings
Kale	400 Gram	
Raisins	125 Gram	
Vinegar, red wine	3 Tablespoon	
Onions, raw	2 Large	
Oil, olive	3 Tablespoon	
Butter, unsalted	20 Gram	
Garlic	2 Clove	
Paprika	0.5 Teaspoon	
Turmeric, ground	0.25 Teaspoon	
Lentils, puy, cooked	100 Gram	
Pine nuts	50 Gram	
Salt, sea	1 Pinch	
Pepper, black	1 Pinch	

### Recipe Alerts

Special Dietary Requirements Suitability:	 Vegetarian
Allergen Warnings:	  Milk Sulphur Dioxide

### Recipe Method

No Recipe Method available

