



Recipe Details

Recipe Name : B-Aromatic Pork Belly Hotpot
Recipe Category:
Author : Hugh Fearnley-Whittingstall
Created : February 16, 2015
Last Updated : February 16, 2015
Portions : 6

Weight (Per Portion)

One portion of this dish weighs approximately 401.00 Grams

Recipe Ingredients

Ingredient	Quantity	Allergen Warnings
Pork, belly, raw	1.5 Kilo	
Stock, chicken, liquid	570 Millilitre	  Gluten Celery
Onions, Spring or Scallions	12 Medium	
Sauce, Soy	100 Millilitre	  Gluten Soybeans
Sugar, demerara	2 Tablespoon	
Star Anise	3 Unit	
Ginger, root	20 Gram	
Chilli, flakes, dried	1 Pinch	

Recipe Alerts

Allergen Warnings:



Recipe Method

1. Cut the pork belly, with rind still on in large rectangular chunks (2.5x5cm/1x2in), put in a large pan and pour over enough boiling water just to cover. Bring back to the boil. 2. Simmer gently for about 5 minutes, skimming off the scum that rises to the surface. Drain through a colander. 3. Rinse out the pan if necessary, return the pork to it and pour over enough boiling hot stock (if available) or water to cover it again. 4. Cut 5 of the spring onions in half and add to the pan with the soy sauce, rice wine, vinegar, sugar, star anise, ginger (peeled and sliced in rounds) and chilli flakes. 5. Cover tightly and simmer very slowly for about 2 hours, turning the meat occasionally, until the pork is very tender, soft and succulent. 6. Remove the pork with a slotted spoon and set aside. Strain the cooking liquid, ideally through muslin or a fine chinois, into a clean pan. 7. Skim off as much fat as you can (but don't worry about leaving a little), then boil the stock hard to reduce and concentrate the flavours. It should be lightly syrupy and intensely aromatic, but don't over reduce as the soy sauce may make it very salty. 8. Thinly slice the remaining spring onions on the diagonal. Return the pork to the sauce and heat through. 9. Serve over plain noodles in a warmed soup bowl, with plenty of the sauce ladled over, and the sliced spring onions scattered over the meat.

