

Recipe Details

Recipe Name: Chorizo And Chickpea Stew

Recipe Category:

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Created: February 16, 2015
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Portions: 4

Weight (Per Portion)

One portion of this dish weighs approximately 683.00 Grams

Recipe Ingredients				
Ingredient	Quantity	Allergen Warnings		
Oil, olive	2 Tablespoon			
Pasta, spaghetti, white, raw	50 Gram	Gluten		
Cinnamon, ground	1 Teaspoon			
Water, bottled, generic	1.5 Tin/Can			
Bay leaf, dried	2 Unit			
Chorizo	350 Gram			
Sherry, medium	4 Tablespoon	SO2 Sulphur Disade		
Apricots, dried, sulfured, uncooked	100 Gram	SO ₂ Suiphur Otterde		
Chickpeas, canned	800 Gram			
Tomato, cherry, raw	800 Gram			
Water, bottled, generic	1.5 Tin/Can			
Salt, table	1 Pinch			
Pepper, black	1 Pinch			
Coriander leaves, fresh	1 Bunch			
Bulgur, wheat	500 Gram	Gluten		
Salt, sea	2 Teaspoon			

Reci	ne	A	erts
	3.0		

Allergen Warnings:



	Recipe Method
1.	

