

## **Recipe Details**

Recipe Name: B-Shepherds Pie

**Recipe Category:** 

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Created: February 16, 2015
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Portions: 6

## Weight (Per Portion)

One portion of this dish weighs approximately 642.00 Grams

	Recipe Ingredients	
Ingredient	Quantity	Allergen Warnings
Oil, olive	1 Teaspoon	
Onions, raw	2 Large	
Garlic	4 Clove	
Carrots	3 Medium	
Lamb, mince, raw	1 Kilo	
Mushrooms, common, raw	100 Gram	
Tomato, puree	2 Teaspoon	
Stock, chicken, liquid	250 Millilitre	Gluten Celery
Wine, red	100 Millilitre	SO <sub>2</sub>
Sauce, Worcestershire (Lea & Perrins)	1 Millilitre	Gluten Fish
Thyme, fresh	1 Tablespoon	
Rosemary, fresh	10 Gram	
Potato, Maris Piper, raw	1.2 Kilo	
Butter, unsalted	150 Gram	Milk
Salt, sea	1 Pinch	
Egg, yolk, chicken, raw	3 Medium	Egg
Cheese, Parmesan, grated	50 Gram	Milk
Oil, olive	1 Teaspoon	
Pepper, black	1 Pinch	

## **Recipe Alerts**

**Allergen Warnings:** 













## **Recipe Method**

1. Pre- heat the oven to 200

