



## Recipe Details

Recipe Name : **Maple Roast Parsnips**  
Recipe Category:  
Author : **Nigella Lawson**  
Created : **February 16, 2015**  
Last Updated : **February 16, 2015**  
Portions : **8**

### Weight (Per Portion)

One portion of this dish weighs approximately 153.00 Grams

### Recipe Ingredients

Ingredient	Quantity	Allergen Warnings
Parsnip, raw	1 Kilo	
Oil, vegetable palm kernel	125 Millilitre	
Syrup, maple	80 Millilitre	

### Recipe Alerts

Special Dietary  
Requirements Suitability:



Vegan



Vegetarian



Kosher



Halal

### Recipe Method

1.

