

Nutritional Report

Recipe Name :Gorgeous Dinner Of Porchetta Stuffed With Wild Mushrooms Celeriac Mash And GravRecipe Category:Author :Jamie OliverCreated :February 16, 2015Last Updated :February 16, 2015

Weight Per Portion

One portion of this dish weighs approximately 599.00 Grams

Nutritional Information Per Portion					
	Content	%GDA			
Energy Kcal	921	46			
Protein	63g	126			
Other Carbohydrate	17g	10			
Sugar	5g	6			
Fat Saturated	23g	115			
Fat Unsaturated	37g	75			
Fiber	6g	24			
Sodium	0g	14			
Salt	1g	14			

Recipe Alerts				
Allergen Warnings:	Gluten Milk Celery			

Traffic Lights					
MED Fat	MED Saturates	LOW Sugar	LOW Salt		

The Guideline Daily Allowances are defined by the Food Information Regulator EU October 2011.

Percentages based upon a daily energy intake of 2000 kcal.