



Nutritional Report

Recipe Name : **Peach Crumble**

Recipe Category:

Author : **Jack Monroe**

Created : **February 16, 2015**

Last Updated : **February 16, 2015**




Weight Per Portion

One portion of this dish weighs approximately 267.00 Grams





Nutritional Information Per Portion

	Content	%GDA	
Energy Kcal	669	33	<div><div></div></div>
Protein	12g	24	<div><div></div></div>
Other Carbohydrate	50g	29	<div><div></div></div>
Sugar	37g	41	<div><div></div></div>
Fat Saturated	20g	99	<div><div></div></div>
Fat Unsaturated	11g	22	<div><div></div></div>
Fiber	9g	37	<div><div></div></div>
Sodium	0g	0	<div><div></div></div>
Salt	0g	0	<div><div></div></div>

Recipe Alerts

Special Dietary Requirements Suitability:	 Vegetarian
Allergen Warnings:	  Gluten Milk

Traffic Lights

 Fat	 Saturates	 Sugar	 Salt
--	--	--	---

The Guideline Daily Allowances are defined by the **Food Information Regulator EU** October 2011.

Percentages based upon a daily energy intake of 2000 kcal.