

## **Nutritional Report**

Recipe Name: Potatoes Mozzarella Rosemary Thyme And Tomato Pizza Topping

**Recipe Category:** 

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Created: February 16, 2015
Last Updated: February 16, 2015

## **Weight Per Portion**

One portion of this dish weighs approximately 233.00 Grams

Nutritional Information Per Portion					
	Content	%GDA			
Energy Kcal	409	20			
Protein	10g	19			
Other Carbohydrate	37g	22			
Sugar	2g	3			
Fat Saturated	6g	28			
Fat Unsaturated	15g	29			
Fiber	2g	7			
Sodium	0g	8			
Salt	1g	9			

Recipe Alerts			
Special Dietary Requirements Suitability:	Vegetarian		
Allergen Warnings:	Milk		

Traffic Lights					
MED Fat	MED Saturates	Low Sugar	LOW Salt		

The Guideline Daily Allowances are defined by the **Food Information Regulator EU** October 2011.

Percentages based upon a daily energy intake of 2000 kcal.