



## Nutritional Report

Recipe Name : **B-Classic Lasagne Al Forno**

Recipe Category:

Author : **Gordon Ramsay**

Created : **February 16, 2015**

Last Updated : **February 16, 2015**

### Weight Per Portion

One portion of this dish weighs approximately 567.00 Grams

### Nutritional Information Per Portion

	Content	%GDA	
Energy Kcal	898	45	<div><div></div></div>
Protein	35g	71	<div><div></div></div>
Other Carbohydrate	60g	35	<div><div></div></div>
Sugar	17g	19	<div><div></div></div>
Fat Saturated	18g	89	<div><div></div></div>
Fat Unsaturated	29g	59	<div><div></div></div>
Fiber	7g	27	<div><div></div></div>
Sodium	0g	19	<div><div></div></div>
Salt	1g	20	<div><div></div></div>

### Recipe Alerts

Allergen Warnings:



Gluten



Fish



Milk



Mustard



Sulphur Dioxide

### Traffic Lights



Fat



Saturates



Sugar



Salt

The Guideline Daily Allowances are defined by the **Food Information Regulator EU** October 2011.

Percentages based upon a daily energy intake of 2000 kcal.